

The feminine Connection

...A workshop for women

“Woman herself has become alienated from her need to sink into herself... she has begun to expect herself to have the energies, emotions, and attitudes of the masculine.”

Judith Durek, Circle of Stones

- Do you have pain in your body that reoccurs or won't resolve?
- Are you feeling stuck, tired, exhausted?
- Are you overcommitted and too busy to take care of you?
- Do you feel you haven't tapped into your greater potential?
- Are you curious about this emerging feminine self?
- You want to explore deeper into your feminine energies!

If one of these speaks to you then this workshop is for you!

- Reduce pain, trauma, resistance or emotional blocks held in your body
- Transform your relationship with your body and your feminine self
- Align with a sense of purpose, well-being and flow that you have been searching for
- Experience the inspiration, possibility and joy that you want expressed
- Learn how to tap into the divine flow that is always moving within you
- Enjoy a fun, safe, nurturing environment to express your creative self



Through fluid movement, free-form dance, guided meditation, discussions, journal writing, self-reflection, stillness and space, you will move deeply into the wisdom and healing power of your feminine body. This workshop will take you on a transformative journey through your body.

Date: Friday, April 23rd at 7:30 pm through Sunday, April 25th at 1:00 pm

Place: Rahamim Conference Centre, Bathurst

Cost: \$290 (workshop cost only - live in accomodation available, ask when registering)

Registration: www.rahamim.org.au

e-mail: contact@rahamim.org.au

Ph: 02 63329950

FREE: Friday April 23rd: 7:30 – 8:30 pm FREE Introductory Evening
-a “mini” taste of the weekend

**Body
Freedom**

Feel Your Body, Heal Your Life!



Tarnie Fulloon PT MA, creator of BodyFreedom, is an integrative somatic physical therapist, body intuitive, movement teacher, speaker and writer who specializes in the total healing of pain and body symptoms & igniting the power of feminine energy for greater fulfillment, success, health and balance in your life.

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